

Movie Star LYRICS

Movie Star ACTIONS

Seven in the morning
Sleeping in my bed

Show 7 fingers
Put the palms of both hands together, lean your head to one side and rest it on your joined hands

Dreaming I´m a star

Raise your hands over your head, turned inward with palms facing down, and wiggle your fingers as if playing the piano

On a movie set

As if filming with an old camera, one hand turns the crank while the other holds the camera

All the paparazzi

Take photos like a paparazzi

The papers say I´m good

Show two thumbs up

I´m on movie screens

Draw a large rectangle in the air with both index fingers

In magazines

One hand, palm up, holds a magazine while the other turns the pages

I´m Mr. Hollywood

With an enormous, selfsatisfied smile, point to your chest with both thumbs

Yes, I´m famous

Keep smiling, and throw your arms out wide to the sides

And I´m cool

Smiling even more, like a supercool movie star, point to one side with both index fingers (one arm fully extended).

And I´ve got seven cars

Show 7 fingers

I´m handsome,

With the palms of your hands, smooth back your movie star hair

rich,

Make the "money sign": palms up, rub your index and middle fingers against your thumbs

fabulous

Show us your fabulous physique: turn halfway to one side with hands at shoulder level and palms up, then bring them slowly down to hip level

I´m a
movie star!
On a yacht

Point to your chest with both thumbs
Throw your arms out energetically to the sides
Grab an enormous rudder (above and in front of your head) and turn it from side to side

Or on a plane

Extend your arms like airplane wings

To Dublin or

Play the harp (the national symbol of Ireland): starting with your arms extended in front of you & palms facing each other, bring one hand towards you, then the other, while you "play the harp" with your fingers

Dakar

Play a hand drum with both hands (Senegal is famous for having some of Africa´s finest drummers)

Number one

Hold up one index finger

On the Walk of Fame

While still extending index finger, point down and sweep your hand dramatically from one side to the other (to show the Walk of Fame)

I´m a

Point to your chest with both thumbs

Movie Star!

Throw your arms out energetically to the sides

Dancing Dinos LYRICS	Dancing Dinos ACTIONS
A dinosaur	Put your arms over the shoulders of two imaginary dinosaurs, one on each side
family	Without lowering your arms, look smilingly at one dinosaur, then the other
Is dancing in	Dance any way you want (but not like a dinosaur yet, as we want to emphasize “dancing”, not “dinosaur”)
my bedroom	Put the palms of both hands together, lean your head to one side and rest it on your joined hands
A dinosaur	Put your arms over the shoulders of two imaginary dinosaurs, one on each side
family	Without lowering your arms, look smilingly at one dinosaur, then the other
Sister, uncle, aunt Brother, Mom and Dad	Starting with one arm extended out to the side, point to the six family members as if they were in a semicircle in front of you
Dancing dinos Dancing dinosaurs Dancing dinos	Like an enormous dinosaur, raise your “claws” high in the air and lift your feet up rhythmically... but don’t stomp your feet yet!
Stomp your feet On the floor	Keep dancing like a dinosaur, but really stomp your feet
ROAR!	Now ROAR like a dinosaur!

Slide LYRICS

Slide ACTIONS

Slide to the left

Slide two steps to the left (without lifting your feet from the floor)

Slide to the right

Slide two steps to the right

Step to the left and

Take two steps to the left (picking up your feet)

Step to the right you just

Take two steps to the right

Slide to the left

Slide two steps to the left

Slide to the right

Slide two steps to the right

Hop to the left and

Hop to the left 3 times (hopping with both feet)

Hop to the right and then

Hop to the right 3 times

Hop forward and

Hop forward 3 times

Get ready!

Hold up a wrist and point to your wristwatch with an index finger

Go!

Jab your index finger in the air, as if to start a race

Jump up

Jump up and down 4 times

Put your feet down

Stomp on the floor 4 times, alternating your feet

And then shake yourself

Shake your whole body

And then turn around

Turn around one time in a circle

Jump up

Jump up and down 4 times

Put your feet down

Stomp on the floor 4 times, alternating your feet

And then shake yourself

Shake your whole body

And then turn

Begin turning slowly in a circle

Slowly now

Keep turning slowly

Slowly now

Gradually slow your turning till you stop

The Funky Martian Dance LYRICS The Funky Martian Dance ACTIONS

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Go!

I eat on Neptune

Join the tips of your thumb and all fingers on one hand, and bring them rhythmically towards your mouth

I sleep on Mars

Put the palms of both hands together, lean your head to one side and rest it on your joined hands

I bathe on Saturn

Rub one arm with the opposite hand

It isn't very far

Raise an index finger and wag it from side to side

The school's on Jupiter

Hold an imaginary book in one hand and write in it with the other

The pool's on Earth

Make a swimming motion with your arms

The park's on Venus

Hit a tennis ball with your racquet

This is my world.

Point to your chest with both thumbs

I'm a Martian

Place your wrists on top of your head, palms facing forward, and wiggle your fingers like Martian antennae

I can zoom

Starting with one arm extended out to the side, "zoom" your finger to the other side

To all eight planets

Show 8 fingers

Plus the moon

Form a sphere in front of your face, spreading your fingers wide and joining the fingertips

Let's be friends

Put your arm around the shoulders of an imaginary friend

We can sing

Hold a "microphone" in one hand and sing into it

And do the Funky Martian Dance

Dance like a Martian: every time you sing this phrase, dance the way YOU think a Martian does. The stranger, the better!

Do the Funky Martian Dance

Do the Funky Martian Dance

Now shake both of your heads

Shake your head from side to side

And shake your seven hands

Shake your hands high in the air

Do the Funky Martian Dance

Dance like a Martian

Do the Funky Martian Dance

Now bend your four green knees

Bend your knees rhythmically

And lift your four round feet

Rhythmically raise one foot, then the other

Do the Funky Martian Dance

Dance like a Martian

Getting funky!

Stop!

Welcome to the Show LYRICS **Welcome to the Show ACTIONS**

Welcome to the show	“Welcome” gesture: with one arm extended forward and the hand perpendicular to the floor, open your arm to the side and turn your torso in the same direction, while bowing your head
Now let’s say hello	Wave to everyone
Welcome to the show Now let’s say hello	REPEAT THE TWO PREVIOUS GESTURES
Hands down low	Extend your arms downwards, palms open and facing backwards
Low, low, low	From the previous position, raise and lower your hands three times
Hands up high	Raise your arms above your head, palms open and facing forward
High, high, high	From the previous position, lower and raise your hands three times
Hands down low	Extend your arms downwards, palms open and facing backwards
Low, low, low	From the previous position, raise and lower your hands three times
Hands up high and	Raise your arms above your head, palms open and facing forward. Lower and raise them four times, one for each word here.
say	Make a “megaphone” around your mouth with your hands forming a circle
Hey! Start the show!	Shout through your “megaphone”

My Purple Car LYRICS

My Purple Car ACTIONS

I´m driving in my purple car
I don´t know

Grab a steering wheel and turn it from side to side
Hold a map with one hand, palm up. Point to it with the other hand while looking down at it.

where we are

With a “lost” expression, shrug your shoulders with your hands at chest level, palms up

I think I see

Like a sailor looking at the sea, put your hand over your eyebrows

a polar bear
Maybe we´re in

Raise your “claws” high above your head
Touch your temple with an index finger and show a look of concentration

Canada

“Eureka” gesture: show an index finger and a big smile

Let´s go

Curve one arm in front of you, palm facing towards you, and wave others toward you rhythmically

Let´s see the world

Form your hands into binoculars, place them against your eyes and look from side to side

With a guitar
And my purple car

Play rock´n´roll guitar!
Grab a steering wheel and turn it from side to side

Canada
Italy

Raise your “claws” high above your head
Grab a huge piece of pizza with both hands and bite into it

Mexico
Spain!

Play the trumpet like a mariachi
Like the horns of a bull, place the backs of your hands on top of your head and point your index fingers upward

THE SONG REPEATS FOUR TIMES. ALL GESTURES REPEAT, EXCEPT THE THIRD LINE OF EACH VERSE.

VERSE 2:

....I think I see a pizza
Maybe we´re in Italy

Grab a huge piece of pizza with both hands and bite into it
“Eureka” gesture: show an index finger and a big smile

VERSE 3:

....I think I see a mariachi
Maybe we´re in Mexico

Play the trumpet like a mariachi
“Eureka” gesture: show an index finger and a big smile

VERSE 4:

....I think I see a big bull
Maybe we´re in Spain

Like the horns of a bull, place the backs of your hands on top of your heads and point your index fingers upward
“Eureka” gesture: show an index finger and a big smile

TV Robot LYRICS

TV Robot ACTIONS

ACTIONS FOR THE FIRST SIX LINES SHOULD BE DONE RIGIDLY AND ROBOTICALLY, WITH AN INEXPRESSIVE “ROBOT” FACE: MOUTH OPEN, STARING BLANKLY

TV Robot
TV Robot

Do The Robot: Elbows against your torso, forearms extended in front of you, palms facing each other, raise and lower your hands robotically

I feel like a robot
I do no think a lot
My head is empty
From too much TV

Point to your chest rhythmically with one thumb
Nod your head side to side
Knock on the top of your head with the knuckles of one hand
Trace a large square in the air in front of you with both index fingers

MOVEMENTS NOW SHOULD BE NORMAL, NOT ROBOTIC

Get off the sofa

Throw your head back and rest it on your hands, joined together behind your head

Play the guitar
Open a book

Play a rock n´roll guitar
Starting with both hands closed in front of you like a closed book, open it and “read” it, moving your head from side to side

Or build a model car

Grab a steering wheel and turn it rhythmically

Turn off your TV,
turn on your mind!

Grab a remote control in your hand and rhythmically press the power button with the thumb of the same hand
As if you had an on/off knob on your temple, twist it on and off rhythmically with your thumb and index finger

Turn off your TV,
turn on your mind!
Enough!

REPEAT THE TWO PREVIOUS GESTURES
Make a horizontal “X” with your forearms, palms facing down, then energetically extend your arms out to the sides

Be tough!
Turn it off!

Show your biceps like a strongman
Grab a remote control in your hand and emphatically press the power button once with the thumb of the same hand

The Only Race LYRICS

The Only Race ACTIONS

The only race

Show one raised index finger

Is the human race

Put both hands over your heart, one on top of the other

The only race

REPEAT THE PREVIOUS

Is the human race

TWO GESTURES

Ooh, Ooh

The only race

Show one raised index finger

Is the human race

Put both hands over your heart, one on top of the other

The only race

REPEAT THE PREVIOUS

Is the human race

TWO GESTURES

Ooh, Ooh

My race,
your race

Point to your chest with an index finger

Point forward with an index finger

What does that mean?

With palms pointing upward, open your arms towards the sides and shrug your shoulders

She could be blue

Extend one arm to the side and point with an index finger

And he could be green.

Extend the other arm to the other side and point with an index finger

A face is just a face.

Trace around the outline of your face with your index fingers

REPEAT THE PREVIOUS GESTURE

We´re from here

With one hand in front of your chest, point to the floor rhythmically with your index finger

And they´re from there.

With the same hand, point the side with your arm raised 45 degrees

Don´t we all breathe

Open your arms slowly in a horizontal circle

The very same air?

Take a deep breath of air, with your hands at hip level, palms up, and lift them as you breathe in

Inside we´re the same.

With both index fingers, trace a giant heart over your entire torso

Vacation's Near LYRICS

Vacation's Near ACTIONS

Summer's here.
Vacation's near.

Wipe the sweat from your forehead
Lace the fingers of both hands together behind your head and look up at the sun, smiling

I want to go fishing

Grab a fishing pole with both hands and throw it rhythmically forward

And sail in the sun.

Grab an enormous ship's rudder with both hands (above and in front of your head) and move it from side to side

School is done
In just a week.

One hand writes on the other hand, as if in a book
Show 7 fingers (for the days of the week)

Let's go to the mountains

Form a mountain peak high above your head, joining both sets of fingertips

And climb up a peak.

Looking up, make a climbing motion, alternating hands

No television for a month
(Oh no!)

Trace a large square in front of you with both hands
Show a look of great apprehension, with your elbows against your chest and closed fists against your chin

I've got to read a lot of

Open both hands in front of you like a book and "read" it, moving your head from side to side

good books

Show two raised thumbs

I've got to play,

With two hands, throw a basketball from chest level

I've got to run

Run in place

I've got the trees

Form your arms into a circle (like a tree) above your head

I've got the sea

Trace the upanddown shape of ocean waves in front of you, moving your right hand at chest level from right to left

I've got the pool

Make a swimming motion with your arms

And I've got you

With an index finger, point to the others

I like playing tennis

Swing an arm from back to front as if playing tennis

I like reading books

Open both hands in front of you like a book and "read" it, moving your head from side to side

I like going rafting

Row with both hands to one side holding an oar, as if in a canoe

And learning to cook

As if you were stirring soup in an enormous pot in front of you, grab a huge spoon with both hands and stir in circles

I like rollerblading

Rollerblade in place, moving your arms back and forth like a rollerblader

I like singing songs

Hold a microphone with one hand and sing into it

I like dancing to them

Dance any way you like!

Won't you dance along?

Point rhythmically at the others with a index finger

Dance, dance, dance along
Dance, dance, dance
Come on!

Dance any way you like!

Sharing LYRICS

Sharing ACTIONS

I've got
two sweets

Point to your chest with an index finger
Show the number two (2 fingers on the same hand)

I've got
two sweets

REPEAT THE PREVIOUS
TWO GESTURES

One for
you

Show one index finger
Point forward

One for
me

Show one index finger
Point to your chest with an index finger

I've got
two peas

Point to your chest with an index finger
Show the number two (2 fingers on the same hand)

I've got
two peas

REPEAT THE PREVIOUS
TWO GESTURES

One for
you

Show one index finger
Point forward

One for
me

Show one index finger
Point to your chest with an index finger

Give a little,
get a lot

At chest level, place your hands about 15 cm. (6 in.) apart,
palms facing each other.
With your palms still facing inward, extend your arms to the
sides

Give a little,
get a lot

REPEAT THE PREVIOUS
TWO GESTURES

Sharing what you've got.

Form one hand into a bowl, and with the other hand take out
sweets and pass them around to others

Seasons and Weather LYRICS Seasons and Weather ACTIONS

Hot in the summer

Wipe the sweat from your forehead

Cold in the winter

Cross your arms and rub them to warm up

Rainy in autumn

Starting with your hands raised high in the air, wiggle your fingers while lowering your hands

Lovely in spring

Look up at the sun and smile, while extending your arms to the sides

There are four seasons

Show four fingers

Now let's hear you sing!

Put one hand against your head, behind your ear, as if to hear better

What's the weather like?

Question gesture: place your hands at chest level, palms up, elbows close to your torso, and look rhythmically from side to side at your classmates

Summer is sunny

With both hands, trace an enormous sun above and in front of you

What's the weather like?

REPEAT THE GESTURE FROM THE FIRST LINE OF THE CHORUS

Winter is snowy

With both hands together, throw a bunch of snow up in the air and watch it fall

What's the weather like?

REPEAT THE GESTURE FROM THE FIRST LINE OF THE CHORUS

Autumn is rainy

Starting with your hands raised high in the air, wiggle your fingers while lowering your hands

Put your raincoats on

Starting with your closed fists at shoulder level, put your raincoat on and start fastening the buttons

Umbrellas up!

Open your umbrella: one hand holds the handle while the other hand slides the umbrella open

Around The World LYRICS

Around The World ACTIONS

Get in a car

Turn a car steering wheel with both hands

Get on a bus

Repeat the gesture with a much larger steering wheel

Get on a camel

With one arm extended in front of you, trace the hump of a camel's back

Get on a horse

Grab the reins of a horse with both hands and bounce up and down

Get on a boat

Grab an enormous ship's rudder with both hands (above and in front of your head) and move it from side to side

Get on a train

Raise a fist in the air and pull down rhythmically on the cord of an old train whistle

Get on a bike

Put your hands on a bike handlebar and pedal

Get on a plane

Extend your arms to the side like plane wings

Riding,

Put your hands on a bike handlebar and pedal

Driving

Turn a car steering wheel with both hands

Flying high

Extend your arms to the side like plane wings

In the sky

Point to the sky with both hands above your head

Fly around the world

Turn around in a circle

On a plane

Extend your arms to the side like plane wings

Ride around the world

Turn around in a circle

On a train

Raise a fist in the air and pull down rhythmically on the cord of an old train whistle

Drive around the world

Turn around in a circle

In a car

Turn a car steering wheel with both hands

See the Amazon

Row with both hands to one side holding an oar, as if in a canoe

The Pantheon

Join the fingertips of both hands together high above your head to make a tall dome

Let's go!

Curve one arm in front of you, palm facing towards you, and wave others toward you

Get up and go!

Raise one arm above your head and point to the sky
From the previous position, "throw" your arm forward energetically

A Full Day LYRICS

A Full Day ACTIONS

Surf the web

Click rhythmically on a computer mouse with your index finger

Climb a peak

Looking up, make a climbing motion, alternating hands

Ride a horse

Grab the reins of a horse with both hands and bounce up and down

Play hideand seek

Cover your face with both hands

Quickly open your hands to the sides

Do karate

Give a few karate chops in the air with your hands

Eat some plums

Form a bowl with one hand, and with the other grab some plums and put them in your mouth

Take a photo

Make your hands into a camera and take a photo with an index finger

Play the drums

Play the drums!

Fun At the Beach LYRICS

Fun At the Beach ACTIONS

I´ve got sun cream
And sunglasses

Rub sun cream on your arm
Form your thumbs and index fingers into “sunglasses” and place them against your eyes

I´ve got a shovel

With both hands, dig rhythmically with a plastic beach shovel

And pail

Swing one hand at hip level from side to side, as if holding the handle of a bucket

I´ve got sandals
And my swimsuit

Point to your sandals with both index fingers
Pinch the fabric of your swim shorts between the thumb and index finger of each hand

I´ve got a kite
And a ball

Fly a kite with both hands
Throw a large beach ball from chest level with both hands

I can swim
I can dig

Making a swimming motion with both arms
With both hands, dig rhythmically with a plastic beach shovel

I can fly a kite

Fly a kite with both hands

At the beach

Lace the fingers of both hands together behind your head and look up at the sun, smiling

I go swimming
I can dig

Making a swimming motion with both arms
With both hands, dig rhythmically with a plastic beach shovel

I can fly a kite

Fly a kite with both hands

At the beach
I go swimming
I can dig
I can fly a kite

REPEAT THE
PREVIOUS FOUR
GESTURES